

## Audit Committee Meeting

Date of Meeting	Tuesday 2 October 2018
Paper Title	Audit Scotland Report on Children and Young People’s Mental Health
Agenda Item	12
Paper Number	AC1-H
Responsible Officer	Robin Ashton, Executive Director
Status	Disclosable
Action	For discussion

### 1. Report Purpose

- 1.1. Note the Audit Scotland Report on Children and Young People’s Mental Health in the context of recent consideration by regional Audit Committee Chairs of college approaches to supporting good mental health and wellbeing.

### 2. Recommendations

- 2.1 The Committee is invited to **note** the attached Audit Scotland report.

### 3. Audit Scotland Report on Children and Young People’s Mental Health

- 2.2 In September 2017, Audit Scotland published a review of Children and Young People’s Mental Health. Annex B provides the key facts and summary from the Audit Scotland work, and the full report is available at: <http://www.audit-scotland.gov.uk/report/children-and-young-peoples-mental-health>
- 2.3 The report highlights the increasing pressure being placed on often fragmented mental health services for children and young people, and recommends a step change in the availability of services, with a stronger focus and resource base for early intervention approaches.
- 2.4 The report notes that all public services have an important role to play in supporting wellbeing and tackling the social and economic factors that contribute to mental health problems, including education.

### 4. Risk Analysis

- 4.1. No immediate risks are identified. Discussions are underway at executive level to share knowledge and develop a collective, regional position with regards mental health and well-being, and a report will be provided to the Board on this matter in due course.

**5. Equalities Implications**

**5.1.** The report highlights the need to improve models of service delivery for children and young people with learning disabilities.

**6. Legal Implications**

**6.1.** There are no specific legal implications arising from this report.

**7. Resource Implications**

**7.1.** There are no immediate resource implications as a result of this paper.

**8. Strategic Plan Implications**

**8.1.** The report highlights the increasing scale of mental health issues with young people and the negative impact of these on successful learning and progression to employment. Ensuring that college services support good mental health and wellbeing is therefore critical to students achieving positive outcomes.